ANNUAL REPORT
2015

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The Council on Aging of Middle Tennessee addresses the unmet needs of seniors, caregivers and communities through information, advocacy, and education. Founded in 1985 as a mayoral task force, COA is now an independent, board directed 501(c)3 nonprofit known for its collaborative work with other agencies, businesses, seniors and family members to create cooperative solutions for unmet needs like transportation. Outreach includes caregiver education, community engagement, elder abuse prevention, advocacy and the Directory of Services for Seniors. COA also hosts Discover Nashville, Discover Franklin, Senior Days on the General Jackson and the Sage Awards.

**Vision Statement:**
A community where the wisdom, knowledge, skills and experience of older adults and caregivers is respected and valued and where helpful resources, support and information are readily available and easily accessible.

**Mission Statement:**
The Council on Aging of Middle Tennessee strives to ensure that the community values, honors and supports older adults and caregivers by addressing unmet needs through information, advocacy and education, and by being a catalyst for comprehensive solutions.

The Council on Aging of Middle Tennessee has made Nashville a better place for seniors and their families for the last 30 years.
COA Celebrates 30 Years and Counting

COA held its 30th anniversary celebration and annual meeting on December 1st at St. George's Episcopal Church.

During the luncheon, Mayor Megan Barry shared plans for making Nashville more livable for all ages, including improving transit, affordable housing and aging in place, which allows people to live comfortably in their homes and communities.

In celebration of the Council’s anniversary, Former Mayor Richard Fulton shared his reflections on what inspired him to establish the 1985 task force, which became the Council on Aging.

“In the mid-1980s, few groups were looking at the needs of Nashville’s older population. I felt a committee of citizens should be set up to examine the issues facing our aging community, and have input into the policies that were being made regarding transportation, housing and health care. Thirty years later we are celebrating the many successes of the Council on Aging, a trusted voice for Nashville seniors.”

The 2015 Elizabeth Jacobs Distinguished Service Award was presented to Anne Gulley, a model community leader and active volunteer with the Council on Aging of Middle Tennessee.

Anne first became involved with COA by participating in the Discover Nashville program. Since then, she has been active with the Discover Alumni Committee, serving multiple tenures on the COA Board of Directors including the role of Vice President. In addition, she has been the Chair of the Community Assessment Committee the past seven years.

The award was established to recognize a volunteer or collective group of volunteers who have given selflessly of their time, talents, resources, and abilities in furthering the mission of COA. This award is named for the Council on Aging’s founder, Elizabeth Jacobs, a well-known and respected community volunteer.
Board of Directors

2015 BOARD MEMBERS

Jonathan Barnes, Staffing as a Mission, LLC
Valinda Burks, State Farm Insurance
Rebecca Climer, St. Thomas Health
Ed Cole, community volunteer
Nell Ann Crowe, Morning Pointe at Brentwood
Rev. Dr. Richard Gentzler Jr., ENCORE Ministries
Debra Gibbs, EdD, MHS, OTR/L Belmont School of Occupational Therapy
Judy S. Given, Park Manor
Anne Gulley, community volunteer
Audrey Hall, R.N., community volunteer
Tera T. Hambrick, Matthew Walker Comprehensive Health Center, Inc.
Henry L. Harrell, III, MD, Heritage Medical Associates
Emily James, community volunteer
Robert D. Lewis, community volunteer
Stephen S. Mathews, Caregivers by WholeCare
Charlotte McAnally, community volunteer
Kirk Rutter, community volunteer
Matt Shaw, First Tennessee Bank
Grace Smith, LMSW, Meharry Consortium Geriatric Education Center
Julia S. Tripplett, MBA, MSN, NE-C, Vanderbilt Home Care Services

Beverly Patnaik
President
Abe’s Garden

Vickie W. Harris
Vice-President/President Elect
QEC Partners

Susan H. Heard
Secretary
Paradigm Group

David Coppeans
Treasurer
Contessa Health
COA at Work

Community Assessment
Anne Gulley, Committee Chair

The Community Assessment Committee looks at issues facing older adults in the community. With dedicated committee members, the committee hosted a panel called “Retirement Part 2: Should I Stay or Should I Go” which guides attendees on concerns such as legal issues, types of housing and changing retirement plans. The committee planned a resource fair for faith-based communities to help their staff learn about services available in the community. A reverse mentoring workshop was held in partnership with Father Ryan High School where seniors received one-on-one assistance from students to learn how to better use technology.

The committee is currently studying the needs and preparing a resource guide for aging parents of adults with disabilities. In 2016, the committee will continue to look at gaps in services and work to develop solutions.

Elder Abuse
Carolyn Biggers, Committee Chair

During 2015, COA’s Elder Abuse Work Group received input from Adult Protective Services, the Area Agency on Aging and Disability, AARP, FiftyForward, Legal Aid Society, Life Links and more. The work group officially became the Middle Tennessee affiliate of the Tennessee Vulnerable Adult Coalition and several members helped form a coalition between the state’s Family Justice Centers to provide emergency shelters for seniors. Finally, in conjunction with the TN Commission on Aging and Disability, the group designed “pocket” guides on elder abuse, which will go to print in 2016. Tailored versions of the guide will help professionals in law enforcement, banking and healthcare better recognize signs of potential abuse and steps to report and resources for assistance.
Transportation Coalition

Ed Cole, Committee Chair

The availability of transportation options greatly affects quality of life, including the ability to remain in one’s home. Many older adults, particularly those people living in rural and suburban areas, often have little or no means for getting to doctor visits, grocery shopping and other needs. Tennessee is fortunate to have public transportation in all 95 counties across the state, but it is still not enough to handle the growing volume of transportation needs for the aging.

COA’s vision is to offer Nashville’s seniors a menu of transportation options to keep them active, healthy and connected to the community.

In May 2015, the Council on Aging formed a Senior Transportation Leadership Coalition with representatives from public, private and non-profit organizations.

During monthly meetings, the coalition studied model volunteer driver programs along with Nashville demographics, and decided to pursue funding to plan a new door-through-door ride service. Thanks to funding from the West End Home Foundation, the coalition will hire a Project Director in 2016 and lay the foundation for a new volunteer driver program. Stay tuned!

Senior Transportation Leadership Coalition

Abe’s Garden
All About Care
AARP
Belmont University
Council on Aging of Middle TN
eTransX, Inc
Fifty Forward
Governor’s Office
HCA Foundation
Harpeth Hills Resource Center on Aging
Jewish Family Services
Meharry Medical College
Metro Planning Department
Metro Planning Organization
MTA/RTA
Neighborhood Resource Center
TN Commission on Aging and Disability
TN Dept of Transportation
West End Home Foundation

Leadership Council

Grace Smith, Committee Chair

During 2015, members of the Leadership Council provided feedback on perceived unmet needs to help guide the Council on Aging’s strategic planning process. The group recommended COA address: transportation, caregiver information and support, isolation - community engagement, elder abuse prevention, financial planning, intergenerational issues, inclusionary zoning and affordable senior housing. One key observation that longtime COA volunteer, Caroline Chamberlain, shared with the group:

“I’m a senior and no one is talking to me about planning and these issues, so I am being proactive!”

The council recommended creating opportunities for engaging seniors and caregivers on key issues like financial planning, fraud prevention and healthy living, offering small group and one-on-one connections so people receive personalized information. The council also recommended that we use positive language like “living” instead of “aging” and “financial resiliency” instead of “financial planning.”

The council provided valuable input for the COA led Senior Transportation Leadership Coalition. Members of the coalition confirmed the need for door-through-door transportation, and provided feedback on key features of a Nashville volunteer driver service, recommending focus groups with potential riders and drivers to “plan with, not for older adults in our community. Council members also provided feedback to WNPT for the “Aging Matters” series, and explored the White House Conference on Aging and Metro Social Services’ Community Needs Assessment.

Stay tuned for more exciting details in 2016.
The Council on Aging successfully completed two sessions of the Discover Nashville and summer session of Discover Franklin in 2015. The goal of the program is to encourage civic engagement and expand the knowledge about the Middle Tennessee community for active seniors. The Discover programs bring the history and culture of Davidson and Williamson Counties up close through experimental and educational activities. The participants in the program have opportunities to hear from each county’s leaders and visit several venues. The program exposes seniors to the various volunteer opportunities available and encourages active participation in our community. The course consists of educational tours, lectures, demonstrations, and first-hand experiences. Class size is limited to approximately 35 participants to allow for class cohesiveness and the unique “behind-the-scenes” experiences offered. Each program day is guided by a theme, such as education and health, government and criminal justice, volunteerism, and community resources.

A recent survey of participants revealed that nearly 98% of participants reported that the experience met or exceeded their expectations.

One hundred percent responded that they will recommend the program to their friends and they identified new places to volunteer as part of their participation.

By connecting participants to new volunteer opportunities, the Discover programs enhance seniors’ community and social engagement. Studies show such interaction is associated with mental and physical well being. This is an important component for healthy aging. In addition, these linkages benefit the Middle Tennessee community by providing a new pool of volunteers for organizations. COA also directly benefits from the the extensive volunteers who plan, lead and implement the Discover Programs.
Thank you to our 2015 Sponsors:

Alive Hospice
BlueCross BlueShield of Tennessee
Dignity Memorial
Elledge Geriatric Care Management
Elmcroft Senior Living
Evermind
Grace Healthcare of Franklin
McKendree Village
Silver Angels
The Providence Group
Vista Points

Council on Aging’s Senior Days on the General Jackson
Chuck Mauro, Committee Chair

The Council on Aging along with Mid-Cumberland Human Resource Agency and the Area Agency on Aging & Disability joined together for the 20th Annual Senior Days on the General Jackson. In celebration of Older Americans Month in May, 2,000 seniors enjoyed the three-day event, which included a lunch cruise along the Cumberland River at a discounted ticket price with live entertainment and door prizes. In addition, seniors receive valuable information, educational tools and resources provided by COA and our partners and sponsors.
**TRANSPORTATION**

**SENIOR FACTS:**

- **47%** Do **NOT** drive themselves
- **63%** Do **NOT** have family members to drive them
- **76%** Do **NOT** have friends that can drive them
- **82%** Do **NOT** use the MTA Bus

**AFFORDABLE HOUSING FACTS:**

- **>19.8%** Households in Davidson County with one or more people 65 or older
- **>8.6%** Households in Davidson County living alone over the age of 65
- **≈90%** Residents 65 or over who want to stay in their homes as long as possible

**AGING IN PLACE QUIZ:**

- What % of seniors want to Age in Place? **90%**
- What is important to consider when aging in place? Caregiving, transportation and access to healthcare
- What % of persons age 65 and over will need some form of long-term care in their lifetime? **70%**
- What % of persons receiving home and community-based services from federal programs indicated that the assistance was important in helping them remain at home and in their communities? **85%**

80% of those surveyed believe that their current residence is where they will live until death

**Sources:**

*US Census 2014
*US Census 2010
*The University of Tennessee Center for Business and Economic Research
*COA transportation survey, Davidson County, 2006
Turning **30** has been rewarding, just take a look at all we’ve done:

**FREE Information & Referral:** As an impartial resource, COA staff and volunteers are able to assist seniors and caregivers through telephone conversations, in–office visits, community presentations and participation in health and other resource fairs. Since 2012, the number of information & referral calls to COA has grown by **54%** with an average of **10.6 minutes** per call.

**Preparing and Planning for Life’s Final Chapter** COA published a booklet of impartial information and resources to help families prepare for end of life decisions. **2,000** copies have been distributed since 2012.

More than **900** subscribers get our Scam of the Month eblasts, which both inform and protect our seniors from fraud.

**Aging & Caring:** *Things Families Need to Know* in its fifth edition, provides resources and practical advice for adult children caring for their parents. Over **5,000** copies are now benefitting families through Middle TN and the statewide version.

For more than **10 years** we’ve advocated for funding for home and community health care.

Each May, **2,000+** seniors enjoy discounted cruises via Senior Days on the General Jackson.

Biennially, we print **40,000** copies of the *Directory of Services for Seniors*, which is also available online.

HERE’S TO **30** MORE YEARS & BEYOND
We work with partners such as senior agencies and educational institutions to look for gaps in services for seniors and collaboratively find solutions. We are different because we are seen as impartial which allows us to look at big issues like transportation or grandparents raising grandchildren. We are best known for our Directory of Services for Seniors that is a major undertaking. We lay out all the services provided to seniors in a way that is easy for them to use.

**Q&A**

**How does the Council on Aging try to improve the lives of Nashville’s senior citizens?**

We work with partners such as senior agencies and educational institutions to look for gaps in services for seniors and collaboratively find solutions. We are different because we are seen as impartial which allows us to look at big issues like transportation or grandparents raising grandchildren. We are best known for our Directory of Services for Seniors that is a major undertaking. We lay out all the services provided to seniors in a way that is easy for them to use.

**What has COA meant to you as the Executive Director?**

It is a great opportunity because you get to do something different all the time and look ahead at where senior issues may emerge and the ones existing right now. The calls and testimonials are what make me feel like I’m making a difference, like when someone tells me our directory of services helped them so much in caring for their mother. Because we are not a government agency, we can be more flexible. We can be a voice for seniors and help with issues such as affordable housing or transportation to make sure the challenges they face in a big city such as Nashville are not forgotten.

**What are you most proud of accomplishing thus far? What is your vision for the future of COA?**

With 10,000 baby boomers turning 65 every year, senior matters are a growing issue that affects us all. COA has been ahead of the game regarding the effects caregiving for a parent or spouse has on business or workers. The big issue we are focused on now is transportation for seniors. So many seniors who want to stay in their homes cannot once they can’t drive. We are working collaboratively with many agencies and we hope to hear soon on a major new initiative.

**What is your favorite thing about living in Nashville?**

I originally came from New Orleans where it is so flat so I love the scenery and rolling hills. And my family is here!
What is your favorite moment as Executive Director thus far?

The calls we get or the people we see when they say “Oh, your directory of services book made such a difference” or “I couldn’t get by caring for my frail mother without your book.” Discover Nashville was a highlight - a program for healthy, active seniors who can be a part of the Nashville community through volunteering. They go to places and hear about how they can get involved, how they are needed, and learn about them. It is especially great for people new to the city or people who have recently retired wanting to reconnect.

Q&A with Incoming President Vickie Harris

What are you hoping to accomplish as Incoming President? What goals have you set?

I would like to improve the livability of the 13-county area for older adults through increased collaboration and integration of technology. At the end of my two-year term I would like to mark the hand-off by increasing our reach in the community through information and resources considered useful by older adults and their families.

What is your favorite thing about living in Nashville?

I have lived in Murfreesboro since 1999 (Rutherford County since 1985), but love Nashville and my close proximity to it. The city appeals to me because it is the capital and the hub of the nation’s health care industry, both of which influences the activity level and makes it exciting for me professionally. On a personal level, I have grown with the city and love its “down home” roots that have been flavored over the decades with cultural diversity from activities to restaurants.

What is your favorite quote?

Elizabeth Jeffries: “Leaders influence people. They establish direction and align people to work together. They move people to take action and inspire them with a shared vision of who they can be and what they can do!”

This quote was given to me printed on parchment paper in 2001 during a leadership-training program. I still have the original paper with me daily in my portfolio!

Q&A with Outgoing President Beverly Patnaik

What have you learned from working with COA?

It is vital to have an organization such as this in our community to offer unbiased access to information about news for our elder adults, look at unmet needs and bring together the right people to help define solutions to those unmet needs.

I’ve learned that there are lots of people in our community who are growing older but don’t know where to turn to get counsel and information so we fill that void. We need to market ourselves more effectively so people will know more about our services.

What are you most proud of accomplishing as President?

The establishment of the senior transportation coalition which has come together and studied the models out there and is prepared to move forward with a model to meet the needs in Davidson county.

I’m proud the board continues to use its resources to support the work of the committees. We have a very diverse board in terms of skill sets they bring and I’m proud we have developed that kind of board. Since we are a small organization, we have been able to respond to critical needs quickly such as when the US government said they weren’t going to issue Social Security checks. We worked with people so they can get a checking account or using the debit cards issued instead of a check.

What is your favorite thing about living in Nashville?

My Grandchildren! Nashville has many cultural and musical opportunities to serve and allows anyone who moves here to participate in the community at some level. It is a very open city and as an older person myself being a part of the fabric of the community is important. I would encourage people to participate in the community. I think Nashville welcomes people of all ages everywhere and we need to continue to have that open spirit.

Favorite quote?

“You must be the change you wish to see in the world.” - Gandhi
Board Reflections

EMILY JAMES
I was a member of the Community Assessment Committee, and served, and continue to serve, on the Senior Transportation Coalition. I look forward to continuing my work with the coalition beyond my tenure on the Council on Aging Board, which ended at the end of 2015.

JONATHAN BARNES
The majority of my work with COA has been with bridging the gap between caregivers, the community and seniors using technology. From assisting with technology training, to the updated COA website to spirited discussions at board meetings, I’ve thoroughly enjoyed my time with the board.

AUDREY HALL
I have been on the board since 2013 and remain Chairperson of the Health Committee for Discover Nashville. As the chair, I volunteer at events such as health fairs. I am a retired nurse and my passion has always been health.

JUDY GIVEN
In my five years with COA, I’ve served as secretary for the executive committee, chaired the End of Life Committee and worked on the Elder Abuse Committee. The End of Life Committee produced “Preparing for Life’s Final Chapter” booklet. I believe in the council’s work.
2015 Sage Sponsors

Saint Thomas Health
Omni Hotel & Resorts Nashville
Bank of America
Blakeford at Green Hills
Caregivers by WholeCare
Caliber Patient Center
St. George’s Episcopal Church
Vanderbilt University
Dr. and Mrs. Richard Heller
Stephen S. Mathews
Betsy Chernau, Elizabeth Jacobs
Advised Fund, Community
Foundation of Middle Tennessee
First Tennessee
Fresh Chefs
The Heritage at Brentwood
Littler Employment & Labor Law
State Farm Agent Valinda Burks

2015 Committee Chairs

Administrative
Bob Lewis

Board Development
Steve Mathews

Community Assessment
Anne Gulley

Development/Marketing
Steve Mathews

Discover Nashville & Alums
Ida Martin, Nelda Watts

Elder Abuse
Carolyn Biggers

Finance
David Coppeans

Leadership Council
Grace Smith

Legislative/Advocacy
James Powers, M.D.

Sage Awards
Victoria Kindell, Vickie Harris

Sr. Days on the General Jackson
Chuck Mauro

Transportation
Ed Cole

Sage Award Winners 2015

Victoria Kindell & Vickie Harris, Committee Chairs

The Council on Aging of Greater Nashville presented the 2015 Sage Awards at the 24th annual luncheon on Friday, Oct. 23 at the Omni Nashville Hotel to four outstanding individuals and community activists. Presented annually since 1992, The Sage Awards are given to mature adults who have made outstanding contributions to Middle Tennessee through a lifelong commitment of working to improve the quality of life in their communities.

This year’s honorees were:

- **Sophia Beamon**, a lifelong educator who champions literacy and scholarships
- **Toni Heller**, a driving force for children’s health, racial, religious and cultural relations
- **Ida K. Martin**, a champion of education and building a stronger community
- **Emmie Jackson McDonald**, a pioneer for women in executive leadership in the banking industry and passionate community volunteer.
Donor Appreciation

$10,000+
West End Home Foundation
The Memorial Foundation
Jackson National Life
Saint Thomas Health
Steve Mathews

$3,000+
Beverly Patnaik
Vista Points, Inc.

$1,000–$1,999
Adrienne Ames
Bank of America
Baptist Healing Trust
Frank Bumstead
Valinda Burks
Community Foundation of Middle TN
Caroline Chamberlain
Betsy Chernau, Elizabeth Jacobs
Advised Fund at Community Foundation of Middle TN
Anne H. Gulley
Toni Heller
Holy Family Mens Club
William C. O’Neil
Joan B. Shayne
Sol and Rose Stern Charitable Trust
Joycelyn A. Stevenson
Cal Turner Family Foundation

$500–$999
Alive Hospice
A Better Nest
Martha Carpenter
David Coppeans
Dignity Memorial
Frances & Bill Edwards
Eisenwald Foundation (Robert Eisenstein)
Jane and Richard Eskind
Judy S. Given
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Interim Healthcare of Mid TN
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Joe Torrence
Jonathan Barnes
Melinda Bass
Betsy Chernau
Jo Ann Church
May Dean Eberling
Steven Eskind
Audrey Glover Hall
Henry Harrell
Susan Heard
Ola Hudson
Ida K. Martin
Caregivers by Wholecare
Janie Parmley
Rosemary Ramsey
Nancy Ransom
Anne and Charles Roos
Advised Fund at Community Foundation of Mid. TN
Kirk Rutter
Matthew Shaw
Grace Smith
Lottie Strupp
Joan Thomas
Julia S. Trippett
Nelda Watts

$249–$100
Gracie Allen
William F. Andrews
Pat Banks
Lynn & David Barton
Kevin & Patrice Beamon
Betty Bellamy
Elaine and Robert Blake
Seawell and Marcy Brandau
Samuel & Peggy Bryant
John Cain, Ill
Barbara Cannon
Dr. & Mrs. Eric Chazen
Mary Churchwell
Ocie Clark
David and Sallylou Cloyd
Alfred & Rosa Coleman
John Colton
Nell Ann Crowe
Richard Cummins
Starling Davis
Phoebe Drews
Phyllis J. Eggenberger
Lee Fairbend
Phyllis and Stanley Frank
Dr. Richard Gentzler, Jr.
Debra Gibbs
Frank Gluck
Mr. & Mrs. Joel C. Gordon
Hill & Cornelia Granbery
Gail Greil
Dan & Kathy Harrell
Sandra D.H. Hunt
Vernon & Margaret Hutton
Emily James
Mary Jamison
Janet Jernigan
Susan Langenus
Mr. and Mrs. Jim D. Lesch
Robert Lewis
Bobby Lovett
Linda Luinetti
Barbara Mann
Alda Rae McAdams
Charlotte McAnally
Obera McDonald
Hilda & Jim McGregor
Waltraut Mizell
Catherine Moore
Anne Caldwell Parsons
Linda Pegues-Brinkley
Marshall T. Polk
Charlie W. Pope
James Powers
Richard Ragsdale
Nell Salley
Elise S. Small
Clarence Smithson
Nan Speller
Sammy and Jo Stanley
Dana Strupp
Kelly Tipler
Irwin Venick
Susan Weiss
Stuart & Davideen Werner
Barbara Williams
Rosie Wilson
Lois Winston
Jennifer Wolchok

Paul & Beth Ellis
Annette Eskind
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Brenda Gilmore
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Judy C. Goldthree
Tera Hambrick
Rena Harris
Geraldine B. Harris
Shelby Hartmann
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Mary Jones
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Peggy F. Kelly
Carole Kenner
Victoria Kindell
Connie W. King
Annie R. Kinzer
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Donna Kumar
Stephen & Leslye Lapidus
Mary Ann Ledssinger
Sally Levine
Jean Litterer
Pat Lockridge
Clyde Lofin
Clevetta Lott-Evans
Anita Lowrance
Monnie Lusky
Deborah Luter
Tommie C. Manning
Addie Mae Massey
Olive R. Mayger
Michael McAlister
Susie McClure
Stephen McClure
Patricia McDonald
G.S. Mckee
Doris Lucille McKinley
Brenda McKinney
Veonie McKinnie
Ellen Crook McPherson
Dana Merritt
Rosa Mimms
John Morris
Barbara Moss
Adrienne Newman
Jean Oldfield
Annie Osborne
Jyoti Pandit
Elizabeth Parman
Frances Patton
Moises Paz
Mary Pfeiffer
Margaret L. Porter
Daniella Pressner
Michell Price
Terri Richardson
Martha Rucker
H. Paul & Sally B. Scott
Gwendolyn Sharp
Tom Sherrar
Andrew Shmerling
Bonnie Small
Julie B. Smith
Gayland Smith
Donna Smith
Stuart Speyer
Lee & Marcia Stewart
Martha Stratton
Sorena R. Street
Greta Street
Nancy Sugg
Pete & Patricia Sutherland
Bill Swartz
Jeffrey & Esther Swink
Gloria A. Towner
Gwendolyn Vincent
Harriet Vivion
Gloria Walker
Fred Westfield
DeBorah Weathersby
Betty L. Wilson
Alan & Sylvia Winner
Dr. & Mrs. Lawrence K. Wolfe
Elizabeth Wortham
Evelyn Yeargin

$99 & under

Jennifer Abernathy
Dr. & Mrs. Kenneth Anchor
Evelyn Andre
Shirley Arrendale
Minty Rich Ballard
Alice Barge
Jonathan Barnes
William Barnes
Keith McDonald Barry
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Mary Batson
Ella Batts
Katrin Bean
Janet Bell
Constance E. Blair
Marion Bogen
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Bettye Burgess
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Delores Donigan
Jesse Dotson
Josephine Doubleday
Peggy Downing
Ruth Edmonds
Clara Elam

In-Kind

Pat Banks
Caliber Patient Care
Joanne Cole
Emma
Melissa Harris
Kenneth Kraft
Donna Kumar
Omni Nashville
Nathanael & Kristin Reveal
Sherrard-Roe
SPECIAL THANKS TO ALL VOLUNTEERS, COMMITTEE AND BOARD MEMBERS!

COA is a nonprofit 501(C)(3) organization. Your donations provide necessary support for COA to work collaboratively with other agencies to study & fill the gaps in services for Middle TN seniors & caregivers.

Please consider COA in your philanthropic priorities. As you prepare your legacy for your family and your community, please remember COA as part of your plans. If you have made a gift to COA in your will or trust and would like to be recognized for your contribution, please contact our office so that we may include you in our Martin Kresge Legacy Society.