Community Resources for Caregivers of Adults with Disabilities

The Arc TN
Advocates for the rights and full participation of all people with intellectual and/or developmental disabilities
www.thearctn.org (800) 835-7077

Area Agency on Aging & Disability
Information on services for seniors and individuals with disabilities
(615) 255-1010

Council on Aging of Middle Tennessee
Information and referral on services related to older adults
www.coamidtn.org (615) 353-4235

Empower Tennessee
Middle Tennessee’s Center for Independent Living. Information and referral, independent living skills training; peer counseling, housing assistance, computer training and benefits planning.
www.empowertn.org (615) 292-5803

Family Support Program, TN Department of Intellectual and Developmental Disabilities (DIDD)
Supports families of children and adults with severe disabilities living at home or adults with severe disabilities not supported by other residential programs funded by state or federal funds.
http://tn.gov/didd/section/family-support (800) 654-4839
FiftyForward  Living at Home Care Management & Care Team
Provides case management for older adults. If an older adult has developmentally challenged adult child living with them, team would work on resources for child and older adult.

www.fiftyforward.org  (615) 743-4300

Technology Access Center
Information/assistance about assistive technology & communication devices for individuals with disabilities or activity limitations.

www.tacnashville.org  (615) 248-6733

TN Disability Pathfinder
Provides individuals, families and agencies with information about disability services and resources in Tennessee.

www.familypathfinder.org  (800) 640-4636

TN Respite Coalition
Provides relief to family caregivers through statewide toll-free help line, respite vouchers and senior companion program.

www.tnrespite.org  (888) 579-3754

United Cerebral Palsy of Middle Tennessee
Builds wheelchair ramps and loans durable medical equipment.

www.ucpmidtn.org  (615) 242-4091

The Council on Aging of Middle Tennessee strives to ensure that the community values, honors and supports older adults and caregivers by addressing unmet needs through information, advocacy and education and by being a catalyst for comprehensive solutions.